



# Alka-Seltzer Plus

## Maximum Strength Night Cold & Flu PowerMax Gels

<b>Drug Facts</b>	
<b>Active ingredients (in each capsule)</b>	<b>Purposes</b>
Acetaminophen 325 mg.....	Pain reliever/fever reducer
Dextromethorphan hydrobromide 10 mg.....	Cough suppressant
Doxylamine succinate 6.25 mg.....	Antihistamine
Phenylephrine hydrochloride 5 mg.....	Nasal decongestant
<b>Uses</b>	
<ul style="list-style-type: none"> <li>• temporarily relieves these symptoms due to a cold or flu:               <ul style="list-style-type: none"> <li>• minor aches and pains</li> <li>• nasal and sinus congestion</li> <li>• sore throat</li> <li>• headache</li> <li>• cough</li> <li>• runny nose</li> <li>• sneezing</li> </ul> </li> <li>• temporarily reduces fever</li> </ul>	
<b>Warnings</b>	
<p><b>Liver warning:</b> This product contains acetaminophen. Severe liver damage may occur if you take</p> <ul style="list-style-type: none"> <li>• more than 4000 mg of acetaminophen in 24 hours</li> <li>• with other drugs containing acetaminophen</li> <li>• 3 or more alcoholic drinks every day while using this product</li> </ul> <p><b>Allergy alert:</b> Acetaminophen may cause severe skin or severe allergic reactions. Symptoms may include:</p> <ul style="list-style-type: none"> <li>• skin reddening</li> <li>• blisters</li> <li>• rash</li> <li>• hives</li> <li>• facial swelling</li> <li>• asthma (wheezing)</li> <li>• shock</li> </ul> <p>If a skin or general allergic reaction occurs, stop use and seek medical help right away.</p> <p><b>Sore throat warning:</b> If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.</p> <p><b>Do not use to sedate children.</b></p>	
<b>Do not use</b>	
<ul style="list-style-type: none"> <li>• with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.</li> <li>• if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.</li> <li>• if you have ever had an allergic reaction to this product or any of its ingredients</li> <li>• in children under 12 years of age</li> </ul>	
<b>Ask a doctor before use if you have</b>	
<ul style="list-style-type: none"> <li>• liver disease</li> <li>• heart disease</li> <li>• high blood pressure</li> <li>• thyroid disease</li> <li>• diabetes</li> <li>• glaucoma</li> <li>• cough with excessive phlegm (mucus)</li> <li>• a breathing problem such as emphysema or chronic bronchitis</li> <li>• difficulty in urination due to enlargement of the prostate gland</li> <li>• persistent or chronic cough such as occurs with smoking, asthma, or emphysema</li> </ul>	
<b>Ask a doctor or pharmacist before use if you are</b>	
<ul style="list-style-type: none"> <li>• taking the blood thinning drug warfarin</li> <li>• taking sedatives or tranquilizers</li> </ul>	
<b>When using this product</b>	
<ul style="list-style-type: none"> <li>• <b>do not exceed recommended dosage</b></li> <li>• may cause marked drowsiness</li> <li>• avoid alcoholic drinks</li> <li>• alcohol, sedatives, and tranquilizers may increase drowsiness</li> <li>• be careful when driving a motor vehicle or operating machinery</li> <li>• excitability may occur, especially in children</li> </ul>	



## Alka-Seltzer Plus Maximum Strength Night Cold & Flu PowerMax Gels

### Stop use and ask a doctor if

- pain, cough, or nasal congestion gets worse or lasts more than 7 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur
- cough comes back or occurs with rash or headache that lasts. These could be signs of a serious condition.
- nervousness, dizziness, or sleeplessness occurs

**If pregnant or breast-feeding**, ask a health professional before use.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

### Directions

- do not take more than the recommended dose
- adults and children 12 years and over: take 2 capsules with water every 4 hours. Do not exceed 10 capsules in 24 hours or as directed by a doctor.
- children under 12 years: do not use

### Other information

- store at room temperature. Avoid temperatures above 25°C (77°F).

**Inactive ingredients** D&C yellow No. 10, FD&C blue No. 1, gelatin, glycerin, polyethylene glycol, potassium aluminum silicate, povidone, propylene glycol, purified water, shellac, sodium hydroxide, sorbitol sorbitan solution, titanium dioxide

**Questions or comments?** 1-800-986-0369 (Mon-Fri 9AM - 5PM EST)