



Alka-Seltzer Plus Maximum Strength Sinus & Cold PowerMax Gels

Drug Facts	
Active ingredients (in each capsule)	Purposes
Acetaminophen 325 mg.....	Pain reliever/fever reducer
Dextromethorphan hydrobromide 10 mg.....	Cough suppressant
Phenylephrine hydrochloride 5 mg.....	Nasal decongestant
Uses	
<ul style="list-style-type: none">temporarily relieves these symptoms due to a cold or flu:<ul style="list-style-type: none">minor aches and painsheadachecoughsore throatnasal and sinus congestiontemporarily reduces fever	
Warnings	
Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take <ul style="list-style-type: none">more than 4,000 mg of acetaminophen in 24 hourswith other drugs containing acetaminophen3 or more alcoholic drinks every day while using this product	
Allergy alert: Acetaminophen may cause severe skin or severe allergic reactions. Symptoms may include: <ul style="list-style-type: none">skin reddeningblistersrashhivesfacial swellingasthma (wheezing)shock If a skin or general allergic reaction occurs, stop use and seek medical help right away.	
Sore throat warning: If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.	
Do not use	
<ul style="list-style-type: none">with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.if you have ever had an allergic reaction to this product or any of its ingredientsin children under 12 years of age	
Ask a doctor before use if you have	
<ul style="list-style-type: none">liver diseaseheart diseasehigh blood pressurethyroid diseasediabetescough with excessive phlegm (mucus)difficulty in urination due to enlargement of the prostate glandpersistent or chronic cough such as occurs with smoking, asthma, or emphysema	
Ask a doctor or pharmacist before use if you are taking the blood thinning drug warfarin	
When using this product do not exceed recommended dosage	
Stop use and ask a doctor if	
<ul style="list-style-type: none">pain, cough, or nasal congestion gets worse or lasts more than 7 daysfever gets worse or lasts more than 3 daysredness or swelling is presentnew symptoms occurcough comes back or occurs with rash or headache that lasts. These could be signs of a serious condition.nervousness, dizziness, or sleeplessness occurs	



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If pregnant or breast-feeding, ask a health professional before use.
Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

- do not take more than the recommended dose
- adults and children 12 years and over: take 2 capsules with water every 4 hours. Do not exceed 10 capsules in 24 hours or as directed by a doctor.
- children under 12 years: do not use

Other information

- store at room temperature. Avoid excessive heat above 40°C (104°F).

Inactive ingredients FD&C yellow #6, ferric oxide, gelatin, glycerin, polyethylene glycol, potassium aluminum silicate, povidone, propylene glycol, purified water, shellac, sodium hydroxide, sorbitol sorbitan solution, titanium dioxide

Questions or comments? 1-800-986-0369 (Mon-Fri 9AM-5PM EST)