**Drug Facts**

<table>
<thead>
<tr>
<th>Active ingredient (in each 15 mL)</th>
<th>Purpose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Magnesium hydroxide 1200 mg</td>
<td>Saline laxative</td>
</tr>
</tbody>
</table>

**Use**
relieves occasional constipation (irregularity). This product usually produces bowel movement in ½ to 6 hours.

**Warnings**

Do not use if you have ever had an allergic reaction to this product or any of its ingredients.

Ask a doctor before use if you have:
- kidney disease
- a magnesium-restricted diet
- stomach pain, nausea, or vomiting
- a sudden change in bowel habits that lasts over 14 days

Ask a doctor or pharmacist before use if you are taking a prescription drug. This product may interact with certain prescription drugs.

Stop use and ask a doctor if:
- you have rectal bleeding or no bowel movement after using this product. These could be signs of a serious condition.
- you need to use a laxative for more than 1 week

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions**

- do not exceed the maximum recommended daily dose in a 24 hour period.
- shake well before use
- dose may be taken once a day preferably at bedtime, in divided doses, or as directed by a doctor. Drink a full glass (8 oz) of liquid with each dose.
- for accurate dosing, only use dosing cup provided
- mL = milliliter

<table>
<thead>
<tr>
<th>Adults and children 12 years and older</th>
<th>30 mL to 60 mL</th>
</tr>
</thead>
<tbody>
<tr>
<td>children 6 to 11 years</td>
<td>15 mL to 30 mL</td>
</tr>
<tr>
<td>children under 6 years</td>
<td>ask a doctor</td>
</tr>
</tbody>
</table>

**Other information**

- each 15 mL contains: magnesium 500 mg

**Inactive ingredients**

- purified water, sodium hypochlorite

Questions or comments? 1-800-986-0369 (Mon – Fri 9AM – 5PM EST)