



**Alka-Seltzer Plus Severe Cold PowerFast Fizz Day & Night
(Effervescent Tablets)
Co-Packaged Product**

Do not take these products at the same time.

Alka-Seltzer Plus® Severe Cold PowerFast Fizz Day Effervescent Tablets

Drug Facts

Active ingredients (in each tablet)

Aspirin 325 mg (NSAID)*.....Pain reliever/fever reducer
Dextromethorphan hydrobromide 10 mg.....Cough suppressant
Phenylephrine bitartrate 7.8 mg.....Nasal decongestant
*nonsteroidal anti-inflammatory drug

Purposes

Uses

- temporarily relieves these symptoms due to a cold with cough:
 - minor aches and pains
 - headache
 - cough
 - sinus congestion and pressure
 - nasal congestion
 - sore throat
- temporarily reduces fever

Warnings

Reye's syndrome: Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea and vomiting occur, consult a doctor because these symptoms could be an early sign of Reye's syndrome, a rare but serious illness.

Allergy alert: Aspirin may cause a severe allergic reaction which may include:
hives • facial swelling • asthma (wheezing) • shock

Stomach bleeding warning: This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you

- are age 60 or older
- have had stomach ulcers or bleeding problems
- take a blood thinning (anticoagulant) or steroid drug
- take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others)
- have 3 or more alcoholic drinks every day while using this product
- take more or for a longer time than directed

Sore throat warning: If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

Do not use

- if you are allergic to aspirin or any other pain reliever/fever reducer
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.
- if you have ever had an allergic reaction to this product or any of its ingredients
- in children under 12 years of age

Ask a doctor before use if

- stomach bleeding warning applies to you
- you have a history of stomach problems, such as heartburn
- you have high blood pressure, heart disease, liver cirrhosis, or kidney disease
- you are taking a diuretic
- you have
 - asthma
 - thyroid disease
 - diabetes
- cough that occurs with excessive phlegm (mucus)
- difficulty in urination due to enlargement of the prostate gland
- persistent or chronic cough such as occurs with smoking, asthma, or emphysema
- a sodium-restricted diet



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Ask a doctor or pharmacist before use if you are

- taking a prescription drug for
 - gout
 - diabetes
 - arthritis

When using this product do not exceed recommended dosage

Stop use and ask a doctor if

- an allergic reaction occurs. Seek medical help right away.
- you experience any of the following signs of stomach bleeding
 - feel faint
 - vomit blood
 - have bloody or black stools
 - have stomach pain that does not get better
- pain, cough, or nasal congestion gets worse or lasts more than 7 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur
- ringing in the ears or loss of hearing occurs
- cough comes back or occurs with rash or headache that lasts. These could be signs of a serious condition.
- nervousness, dizziness, or sleeplessness occurs

If pregnant or breast-feeding, ask a health professional before use.

It is especially important not to use aspirin at 20 weeks or later in pregnancy unless definitely directed to do so by a doctor because it may cause problems in the unborn child or complications during delivery.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- do not take more than the recommended dose
- do not take the Day and Night products at the same time; wait 4 hours after taking the last Night dose before taking the Day product
- adults and children 12 years and over: take 2 tablets fully dissolved in 4 oz of water every 4 hours. Do not exceed 4 tablets in 12 hours or as directed by a doctor.
- children under 12 years: do not use

Other information

- **each tablet contains:** potassium 78 mg; sodium 356 mg
- store at room temperature. Avoid excessive heat.

Inactive ingredients anhydrous citric acid, calcium silicate, dimethicone, FD&C red #40, FD&C yellow #6, flavor, mannitol, potassium bicarbonate, povidone, sodium bicarbonate, sucralose

Questions or comments? 1-800-986-0369 (Mon – Fri 9AM – 5PM EST)



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Drug Facts	
Active ingredients (in each tablet)	Purposes
Aspirin 325 mg (NSAID)*	Pain reliever/fever reducer
Dextromethorphan hydrobromide 10 mg.....	Cough suppressant
Doxylamine succinate 6.25 mg.....	Antihistamine
Phenylephrine bitartrate 7.8 mg.....	Nasal decongestant
*nonsteroidal anti-inflammatory drug	
Uses	
<ul style="list-style-type: none"> • temporarily relieves these symptoms due to a cold: <ul style="list-style-type: none"> • minor aches and pains • sinus congestion and pressure • sore throat • temporarily reduces fever 	
<ul style="list-style-type: none"> • headache • cough • nasal congestion • runny nose • sneezing 	
Warnings	
<p>Reye's syndrome: Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea and vomiting occur, consult a doctor because these symptoms could be an early sign of Reye's syndrome, a rare but serious illness.</p>	
<p>Allergy alert: Aspirin may cause a severe allergic reaction which may include:</p> <ul style="list-style-type: none"> • hives • facial swelling • asthma (wheezing) • shock 	
<p>Stomach bleeding warning: This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you</p> <ul style="list-style-type: none"> • are age 60 or older • have had stomach ulcers or bleeding problems • take a blood thinning (anticoagulant) or steroid drug • take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others) • have 3 or more alcoholic drinks every day while using this product • take more or for a longer time than directed 	
<p>Sore throat warning: If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.</p>	
Do not use to sedate children.	
Do not use	
<ul style="list-style-type: none"> • if you are allergic to aspirin or any other pain reliever/fever reducer • if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product. • if you have ever had an allergic reaction to this product or any of its ingredients • in children under 12 years of age 	



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- stomach bleeding warning applies to you
- you have a history of stomach problems, such as heartburn
- you have high blood pressure, heart disease, liver cirrhosis, or kidney disease
- you are taking a diuretic
- you have
 - asthma • diabetes • thyroid disease • glaucoma
- cough that occurs with excessive phlegm (mucus)
- a breathing problem such as emphysema or chronic bronchitis
- difficulty in urination due to enlargement of the prostate gland
- persistent or chronic cough such as occurs with smoking, asthma, or emphysema
- a sodium-restricted diet

Ask a doctor or pharmacist before use if you are

- taking a prescription drug for
 - gout • diabetes • arthritis
- taking sedatives or tranquilizers

When using this product

- **do not exceed recommended dosage**
- may cause marked drowsiness
- avoid alcoholic drinks
- alcohol, sedatives, and tranquilizers may increase drowsiness
- be careful when driving a motor vehicle or operating machinery
- excitability may occur, especially in children

Stop use and ask a doctor if

- an allergic reaction occurs. Seek medical help right away.
- you experience any of the following signs of stomach bleeding
 - feel faint • vomit blood • have bloody or black stools
 - have stomach pain that does not get better
- pain, cough, or nasal congestion gets worse or lasts more than 7 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur
- ringing in the ears or loss of hearing occurs
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Directions

- do not take more than the recommended dose
- do not take the Day and Night products at the same time; wait 4 hours after taking the last Day dose before taking the Night product
- adults and children 12 years and over: take 2 tablets fully dissolved in 4 oz of water every 4 hours. Do not exceed 4 tablets in 12 hours or as directed by a doctor.
- children under 12 years: do not use

Other information

- **each tablet contains:** potassium 78 mg; sodium 356 mg
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