



## MiraFAST Mixed Berry

### Drug Facts

**Active ingredient  
(in each chew)**

Magnesium hydroxide USP 1200 mg.....Saline laxative

**Purpose**

**Use** relieves occasional constipation (irregularity). This product usually produces bowel movement in ½ to 6 hours.

**Warnings**

**Do not use** if you have ever had an allergic reaction to this product or any of its ingredients

**Ask a doctor before use if you have**

- kidney disease
- a magnesium-restricted diet
- stomach pain, nausea, or vomiting
- a sudden change in bowel habits that lasts over 14 days

**Ask a doctor or pharmacist before use if you are** taking a prescription drug. This product may interact with certain prescription drugs.

**Stop use and ask a doctor if**

- you have rectal bleeding or no bowel movement after using this product. These could be signs of a serious condition.
- you need to use a laxative for more than 1 week

**If pregnant or breast-feeding**, ask a health professional before use.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions**

- drink a full glass (8 oz) of liquid with each dose.
- dose may be taken as a single daily dose, in divided doses, or as directed by a doctor.
- do not exceed the maximum recommended daily dose in a 24 hour period

adults and children 12 years of age and older	2 to 4 chews
children 6 to under 12 years of age	1 to 2 chews
children 4 to under 6 years of age	1 chew
children under 4 years of age	ask a doctor

**Other information**

- **each chew contains:** magnesium 500 mg, sodium 1 mg
- store between 20° to 25° C (68° to 77° F). Avoid excessive heat and humidity.
- Do not use if pouch is torn or open

**Inactive ingredients** corn syrup, FD&C red no. 40 aluminum lake, flavors, glycerin, hydrogenated coconut oil, soy lecithin, sucrose, water.

**Questions or comments?** 1-800-647-2529