



Bayer HealthCare  
Consumer Care

## Alka-Seltzer Plus® Cough & Chest Congestion Maximum Strength PowerFast Fizz (Effervescent Tablets)

### Drug Facts

#### Active ingredients (in each tablet)

Dextromethorphan hydrobromide 10 mg.....Cough suppressant  
Guaifenesin 200 mg.....Expectorant

#### Purpose

#### Uses

- temporarily relieves:
  - cough due to minor throat and bronchial irritation as may occur with a cold
  - the intensity of coughing
- helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus and make coughs more productive

#### Warnings

##### Do not use

- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.
- if you have ever had an allergic reaction to this product or any of its ingredients
- in children under 12 years of age

##### Ask a doctor before use if you have

- cough that occurs with excessive phlegm (mucus)
- persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema
- a sodium-restricted diet

**Stop use and ask a doctor if** cough lasts more than 7 days, comes back, or is accompanied by a fever, rash, or persistent headache. These could be signs of a serious condition.

**If pregnant or breast-feeding**, ask a health professional before use.  
**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

#### Directions

- do not take more than the recommended dose
- adults and children 12 years and over: take 2 tablets fully dissolved in 4 oz of water every 4 hours. Do not exceed 12 tablets in 24 hours or as directed by a doctor.
- children under 12 years: do not use

#### Other information

- each tablet contains:** potassium 80 mg; sodium 237 mg
- store at room temperature. Avoid excessive heat.

**Inactive ingredients** anhydrous citric acid, flavors, magnesium stearate, mannitol, potassium bicarbonate, sodium bicarbonate, sucralose

#### Questions or comments? 1-800-986-0369

(Mon – Fri 9AM – 5PM EST)