



ONE A DAY Women's Multi Gummy

Directions: Adults and children 12 years of age and older: **Fully chew** two gummies daily.

Supplement Facts

Serving Size: 2 gummies

Servings Per Container: (Net Qty Contents/ Serving Size [# gummies])

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	2 g	<1%*
Total Sugars	2 g	**
Includes 2g Added Sugars		4%*
Vitamin A	450 mcg	50%
Vitamin C	75 mg	83%
Vitamin D	25 mcg (1000 IU)	125%
Vitamin E	7.5 mg	50%
Niacin	8 mg	50%
Vitamin B ₆	1.7 mg	100%
Folate	665 mcg DFE (400 mcg folic acid)	166%
Vitamin B ₁₂	2.4 mcg	100%
Biotin	30 mcg	100%
Pantothenic Acid	2.5 mg	50%
Calcium	60 mg	5%
Phosphorus	30 mg	2%
Iodine	150 mcg	100%
Zinc	2.5 mg	23%

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Ingredients: Glucose Syrup, Sugar, Water, Gelatin, Tricalcium Phosphate, Ascorbic Acid; Less than 2% of: Beeswax, Carnauba Wax, Citric Acid, D-Biotin, D-Calcium Pantothenate, Color (Black Currant, Carrot, Cherry and Paprika Juice Concentrates), Folic Acid, Lactic Acid, Monk Fruit (Luo Han Guo) Extract, Natural Flavor, Niacinamide, Potassium Iodide, Pyridoxine Hydrochloride, Vegetable Oil (Palm), Vitamin A Acetate, Vitamin B₁₂ (Cyanocobalamin), Vitamin D₃ (Cholecalciferol), Vitamin E Acetate, Zinc Sulfate.

Contains: Wheat.

Not for children under 12 years of age

KEEP OUT OF REACH OF CHILDREN

If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use.

CHILD RESISTANT CAP

Do not exceed recommended intake