



Alka-Seltzer Plus Maximum Strength Cough, Mucus & Congestion Day & Night PowerMax Gels Co-Pack

Alka-Seltzer Plus[®] Maximum Strength Cough, Mucus & Congestion Day PowerMax[®] Gels

Drug Facts

Active ingredients (in each capsule)	Purposes
Acetaminophen 325 mg.....	Pain reliever/fever reducer
Dextromethorphan hydrobromide 10 mg.....	Cough suppressant
Guaifenesin 200 mg.....	Expectorant
Phenylephrine hydrochloride 5 mg.....	Nasal decongestant

Uses

- helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus and make coughs more productive
- temporarily relieves these symptoms due to a cold or flu:
 - nasal congestion
 - minor aches and pains
 - cough
 - sinus congestion and pressure
 - headache
 - sore throat
- temporarily reduces fever

Warnings

Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Allergy alert: Acetaminophen may cause severe skin or severe allergic reactions. Symptoms may include:

- skin reddening
- blisters
- rash
- hives
- facial swelling
- asthma (wheezing)
- shock

If a skin or general allergic reaction occurs, stop use and seek medical help right away.

Sore throat warning: If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

Do not use

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.
- if you have ever had an allergic reaction to this product or any of its ingredients
- in children under 12 years of age



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Ask a doctor before use if you have

- liver disease
- thyroid disease
- difficulty in urination due to enlargement of the prostate gland
- persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis or emphysema
- cough with excessive phlegm (mucus)
- heart disease
- diabetes
- high blood pressure

Ask a doctor or pharmacist before use if you are taking the blood thinning drug warfarin

When using this product do not exceed recommended dosage

Stop use and ask a doctor if

- pain, cough, or nasal congestion gets worse or lasts more than 7 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur
- cough comes back or occurs with fever, rash or headache that lasts. These could be signs of a serious condition.
- nervousness, dizziness, or sleeplessness occurs

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

- do not take more than the recommended dose
- do not take the Day and Night products at the same time; wait 4 hours after the last Night dose before starting Day product
- adults and children 12 years and over: take 2 capsules with water every 4 hours. Do not exceed 6 capsules in 12 hours or as directed by a doctor.
- children under 12 years: do not use

Other information

- store at 15° - 25°C (59° - 77°F)

Inactive ingredients FD&C red No. 40, gelatin, glycerin, lecithin, medium chain triglycerides, polyethylene glycol, potassium aluminum silicate, povidone, propylene glycol, purified water, shellac, sodium hydroxide, sorbitol sorbitan solution, titanium dioxide

Questions or comments? 1-800-986-0369 (Mon-Fri 9AM - 5PM EST)



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Drug Facts	
Active ingredients (in each capsule)	Purposes
Acetaminophen 325 mg.....	Pain reliever/fever reducer
Dextromethorphan hydrobromide 10 mg.....	Cough suppressant
Doxylamine succinate 6.25 mg.....	Antihistamine
Phenylephrine hydrochloride 5 mg.....	Nasal decongestant
Uses	
<ul style="list-style-type: none">temporarily relieves these symptoms due to a cold or flu:<ul style="list-style-type: none">minor aches and painsnasal and sinus congestionsore throattemporarily reduces feverheadachecoughrunny nosesneezing	
Warnings	
Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take <ul style="list-style-type: none">more than 4,000 mg of acetaminophen in 24 hourswith other drugs containing acetaminophen3 or more alcoholic drinks every day while using this product	
Allergy alert: Acetaminophen may cause severe skin or severe allergic reactions. Symptoms may include: <ul style="list-style-type: none">skin reddeningfacial swelling If a skin or general allergic reaction occurs, stop use and seek medical help right away.	
Sore throat warning: If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.	
Do not use to sedate children.	
Do not use	
<ul style="list-style-type: none">with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.if you have ever had an allergic reaction to this product or any of its ingredientsin children under 12 years of age	
Ask a doctor before use if you have	
<ul style="list-style-type: none">liver diseasethyroid diseasecough with excessive phlegm (mucus)a breathing problem such as emphysema or chronic bronchitisdifficulty in urination due to enlargement of the prostate glandpersistent or chronic cough such as occurs with smoking, asthma, or emphysemaheart diseasediabeteshigh blood pressureglaucoma	



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Ask a doctor or pharmacist before use if you are

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

When using this product

- **do not exceed recommended dosage**
- may cause marked drowsiness
- avoid alcoholic drinks
- alcohol, sedatives, and tranquilizers may increase drowsiness
- be careful when driving a motor vehicle or operating machinery
- excitability may occur, especially in children

Stop use and ask a doctor if

- pain, cough, or nasal congestion gets worse or lasts more than 7 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur
- cough comes back or occurs with rash or headache that lasts. These could be signs of a serious condition.
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If pregnant or breast-feeding, ask a health professional before use.

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Directions

- do not take more than the recommended dose
- do not take the Day and Night products at the same time; wait 4 hours after the last Day dose before starting Night product
- adults and children 12 years and over: take 2 capsules with water every 4 hours. Do not exceed 4 capsules in 12 hours or as directed by a doctor.
- children under 12 years: do not use

Other information

- store at 15° - 25°C (59° - 77°F)

Inactive ingredients D&C yellow No. 10, FD&C blue No. 1, gelatin, glycerin, polyethylene glycol, potassium aluminum silicate, povidone, propylene glycol, purified water, shellac, sodium hydroxide, sorbitol sorbitan solution, titanium dioxide

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