



MiraLAX® – Mix-In Pax

Drug Facts	
Active ingredient (in each dose)	Purpose
Polyethylene Glycol 3350, 17 g.....	Osmotic Laxative
Use	
<ul style="list-style-type: none">relieves occasional constipation (irregularity)generally produces a bowel movement in 1 to 3 days	
Warnings	
Allergy alert: Do not use if you are allergic to polyethylene glycol	
Do not use if you have kidney disease, except under the advice and supervision of a doctor	
Ask a doctor before use if you have	
<ul style="list-style-type: none">nausea, vomiting or abdominal paina sudden change in bowel habits that lasts over 2 weeksirritable bowel syndrome	
Ask a doctor or pharmacist before use if you are taking a prescription drug	
When using this product you may have loose, watery, more frequent stools	
Stop use and ask a doctor if	
<ul style="list-style-type: none">you have rectal bleeding or your nausea, bloating, cramping or abdominal pain gets worse. These may be signs of a serious condition.you get diarrheayou need to use a laxative for longer than 1 week	
If pregnant or breast-feeding , ask a health professional before use.	
Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.	
Directions	
<ul style="list-style-type: none">do not take more than directed unless advised by your doctoradults and children 17 years of age and older:<ul style="list-style-type: none">use once a daystir and dissolve one packet of powder (17 g) in any 4 to 8 ounces of beverage (cold, hot or room temperature) then drinkdo not combine with starch-based thickeners used for difficulty swallowingensure that the powder is fully dissolved before drinkingdo not drink if there are any clumpsdo not use more than 7 dayschildren 16 years of age or under: ask a doctor	
Other information	
<ul style="list-style-type: none">store at 20° - 25°C (68° - 77°F)tamper-evident: do not use if foil is open or broken	
Inactive ingredients	
none	
Questions or comments?	
1-800-MiraLAX (1-800-647-2529)	