



One A Day Men's Pro Edge

Directions: Adults: One tablet daily, with food.

Supplement Facts		
Serving Size: One tablet		
	Amount Per Serving	% Daily Value
Vitamin A (8% as beta-carotene)	970 mcg	108%
Vitamin C	80 mg	89%
Vitamin D	20 mcg (800 IU)	100%
Vitamin E	14.8 mg	99%
Thiamin (B ₁)	3 mg	250%
Riboflavin (B ₂)	3.4 mg	262%
Niacin	25 mg	156%
Vitamin B ₆	4 mg	235%
Folate	665 mcg DFE (400 mcg folic acid)	166%
Vitamin B ₁₂	12 mcg	500%
Biotin	300 mcg	1000%
Pantothenic Acid	15 mg	300%
Calcium	200 mg	15%
Magnesium	200 mg	48%
Zinc	15 mg	136%
Selenium	70 mcg	127%
Copper	2 mg	222%
Manganese	2 mg	87%
Chromium	120 mcg	343%

Ingredients: Calcium Carbonate, Magnesium Oxide, Microcrystalline Cellulose, Ascorbic Acid, Dicalcium Phosphate, Maltodextrin, dl-Alpha-Tocopheryl Acetate; Less than 2% of: Beta-Carotene, Biotin, Cholecalciferol, Chromium Chloride, Copper Sulfate, Croscarmellose Sodium, Cyanocobalamin, D-Calcium Pantothenate, FD&C Blue #1 Aluminum Lake, FD&C Yellow #5 (tartrazine) Aluminum Lake, Folic Acid, Gelatin, Hydroxypropyl Methylcellulose, Manganese Sulfate, Niacinamide, Polyethylene Glycol, Polyvinylpyrrolidone, Pyridoxine Hydrochloride, Riboflavin, Silicon Dioxide, Sodium Selenite, Stearic Acid, Thiamine Mononitrate, Titanium Dioxide (color), Vitamin A Acetate, Zinc Oxide.

For Adult Use Only

Not for children

Do not exceed recommended intake

If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use.

KEEP OUT OF REACH OF CHILDREN

CHILD RESISTANT CAP